



Syllabus 2019/2020

Description of the course

Module/Course	Medical Psychology with elements of interpersonal communication	Group of detailed education results	
		Group code D	Group name Behavioral and Social Sciences
Faculty	Medicine		
Major	medicine		
Specialties	Not applicable		
Level of studies	Uniform magister studies <input checked="" type="checkbox"/> * 1 st degree studies <input type="checkbox"/> 2 nd degree studies <input type="checkbox"/> 3 rd degree studies <input type="checkbox"/> postgraduate studies <input type="checkbox"/>		
Form of studies	<input checked="" type="checkbox"/> full-time <input checked="" type="checkbox"/> part-time		
Year of studies	III	Semester	<input checked="" type="checkbox"/> Winter <input type="checkbox"/> Summer
Type of course	<input checked="" type="checkbox"/> obligatory <input type="checkbox"/> limited choice <input type="checkbox"/> free choice / elective		
Course	<input type="checkbox"/> major <input checked="" type="checkbox"/> basic		
Language of instruction	<input type="checkbox"/> Polish <input checked="" type="checkbox"/> English <input type="checkbox"/> other		

Uniwersytet Medyczny we Wrocławiu
KANCELARIA OGÓLNA
Wpł. 10-07-2019
L.dz.

* mark with an

Number of hours

Form of education

Unit teaching the course	Lectures (L)	Seminars (SE)	Auditorium classes	Major Classes – not clinical (MC)	Clinical Classes (CC)	Laboratory Classes (LC)	Classes in Simulated Conditions (CSC)	Practical Classes with Patient (PCP)	Specialist Classes – magister studies	Foreign language	Physical Education obligatory (PE)	Vocational Practice (VP)	Self-Study (Student's own work)	E-learning (EL)
Winter Semester														
Department of Humanistic Sciences in Medicine		30											15	
Summer Semester														
TOTAL per year: 45														



		recommendations and healthy lifestyle		
U5	D.U10.	student uses basic psychological interventions to motivate and support their patient	presentation, discussion	SE
U6	D.U6.	Student informs about the goal, process and possible risk of recommended diagnostic and therapeutic procedures	group project	SE

** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .

Please mark on scale 1-5 how the above effects place your classes in the following categories:
communication of knowledge, skills or forming attitudes:

Knowledge: 3

Skills: 4

Student's amount of work (balance of ECTS points):1,5

Student's workload (class participation, activity, preparation, etc.)	Student Workload (h)
1. Contact hours:	30
2. Student's own work (self-study):	15
Total student's workload	45
ECTS points for module/course	1,5
Comments	

Content of classes (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)

Lectures

1.

Seminars

1. Holistic versus biomedical health models.
2. Determinants of human perception.
3. Emotions and activity.
4. Mechanisms of emotions-stress-illness. Psychoneuroimmunology.
5. Coping with stress.
6. Psychosomatic disorders.
7. Illness beliefs.
8. Physician-patient communication: non-verbal communication.
9. Physician-patient communication: active listening techniques .
10. Physician-patient communication: interviewing.
11. Physician-patient communication: formulating medical recommendations. Compliance with therapy.
12. Adherence to treatment - how to motivate the patient?
13. Psychological resources of physician in their work with a patient.
14. Challenges in cooperation between patient and doctor, ways of reacting to non-conventional medical treatment.



15. Assessment.	
Practical classes	
1.	
Other	
1. etc. ...	
Basic literature (list according to importance, no more than 3 items)	
1. S. Cole, J. Bird. The medical interview (third edition), Saunders, 2014.	
2. K. Janowski. Biopsychosocial aspects of health and disease. Lublin : Centrum Psychoedukacji i Pomocy Psychologicznej, 2009.	
3. Emily A.F. Holmes, D. A. Hughes, V. L. Morrison: Predicting adherence to medications using health psychology theories: a systematic review of 20 years of empirical research, <i>Value in Health</i> , 2014, 17(8), 863-876.	
Additional literature and other materials (no more than 3 items)	
1. Lisa Feldman Barrett "How emotions are made? The secret life of the brain", Macmillan, New York 2017.	
2. F. L. Bishop, L. Yardley, G. T. Lewith: A systematic review of beliefs involved in the use of complementary and alternative medicine. <i>Journal of Health Psychology</i> , 2007, 12, 851-867.	
3. J. Oldham, L. Morris. The new personality self-portrait, Bentam Books, New York, 1995.	
Didactic resources requirements (e.g. laboratory, multimedia projector, other...)	
Multimedia projector, notebook	
Preliminary conditions (minimum requirements to be met by the student before starting the module/course)	
Completed a summer apprentice.	
Conditions to receive credit for the course (specify the form, criteria and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades).	
To pass the course the preparation and the group project (50% of the grade) as well as an active participation during the course and within practical exercises on interpersonal communication is required (50% of the grade). The student will gain the positive mark after the realization of the above mentioned tasks in 50% (credit min). In case of not realizing credit minimum the student is required to pass the final colloquium in oral or written form.	
All student's absences and seminars cancelled due to Rektor's/Dean's Day must be made up for in a form of essay, presentation or oral account (as indicated by a teacher).	
Grade:	Criteria for course
Very Good (5.0)	Accomplishment of intended education results with inclusion of all crucial aspects [>90%]
Good Plus (4.5)	Accomplishment of intended education results with inclusion of all crucial aspects with minor errors or imprecisions [81-90%]
Good (4.0)	Accomplishment of intended education results with omission of some less important aspects [66-80%]
Satisfactory Plus (3.5)	Accomplishment of intended education results with omission of some



	important aspects or with material imprecisions [51-65%]
Satisfactory (3.0)	Accomplishment of intended education results with omission of some relevant aspects or with substantial imprecisions [50%]
Grade:	Criteria for exam (if applicable)
Very Good (5.0)	
Good Plus (4.5)	
Good (4.0)	
Satisfactory Plus (3.5)	
Satisfactory (3.0)	

Name of unit teaching course:	Department of Humanistic Sciences in Medicine
Address	ul. Mikulicza - Radeckiego 7 50-368 Wrocław
Phone	tel.: 71 784 14 96, 71 784 01 02
E-mail	e-mail: sekretariatzhnl@umed.wroc.pl

Person responsible for course:	dr hab. Jarosław Barański
Phone	tel.: 71 784 14 96
E-mail	jaroslaw.baranski@umed.wroc.pl

<i>List of persons conducting specific classes:</i>	<i>degree/scientific or professional title</i>	<i>Discipline</i>	<i>Performer profession</i>	<i>Form of classes</i>
Anna Dracz	M. A.	Psychology	psychologist	SE

Date of Syllabus development

29.06.2019r

Syllabus developed by

dr Aleksandra Zarek
dr Agnieszka Olchowska-Kotala

Signature of Faculty Dean

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Signature of Head of teaching unit

Uniwersytet Medyczny we Wrocławiu
ZAKŁAD HUMANISTYCZNYCH
NAUK LEKARSKICH
kierownik

dr hab. Jarosław Barański