

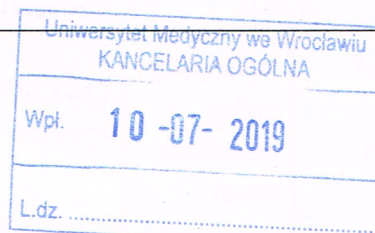


ZAKŁAD HUMANISTYCZNYCH NAUK LEKARSKICH
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Syllabus 2019/2020

Description of the course

Module/Course	Medical Psychology with elements of interpersonal communication	Group of detailed education results	
		Group code D	Group name Behavioral and Social Sciences
Faculty	Medicine		
Major	medicine		
Specialties	Not applicable		
Level of studies	Uniform magister studies <input checked="" type="checkbox"/> * 1 st degree studies <input type="checkbox"/> 2 nd degree studies <input type="checkbox"/> 3 rd degree studies <input type="checkbox"/> postgraduate studies <input type="checkbox"/>		
Form of studies	<input checked="" type="checkbox"/> full-time <input checked="" type="checkbox"/> part-time		
Year of studies	III	Semester	<input checked="" type="checkbox"/> Winter <input type="checkbox"/> Summer
Type of course	<input checked="" type="checkbox"/> obligatory <input type="checkbox"/> limited choice <input type="checkbox"/> free choice / elective		
Course	<input type="checkbox"/> major <input checked="" type="checkbox"/> basic		
Language of instruction	<input type="checkbox"/> Polish <input checked="" type="checkbox"/> English <input type="checkbox"/> other		
* mark <input type="checkbox"/> with an X			



Number of hours

Form of education

Unit teaching the course	Lectures (L)	Seminars (SE)	Auditorium classes	Major Classes – not clinical (MC)	Clinical Classes (CC)	Laboratory Classes (LC)	Classes in Simulated Conditions (CSC)	Practical Classes with Patient (PCP)	Specialist Classes – magister studies	Foreign language	Physical Education obligatory (PE)	Vocational Practice (VP)	Self-Study (Student's own work)	E-learning (EL)
Winter Semester														
Department of Humanistic Sciences in Medicine		30											15	
Summer Semester														
TOTAL per year: 45														



Department of Humanistic Sciences in Medicine	30												15
Educational objectives (max. 6 items)													
C1. gaining vital knowledge about the relationship between somatic and psychic processes													
C2. building one's sensitivity to patients' needs													
C3. learning basic communication skills essential for doctors													
Education result matrix for module/course in relation to verification methods of the intended education result and the type of class													
Number of course education result	Number of major education result	Student who completes the module/course knows/is able to				Methods of verification of intended education results (forming and summarising)				Form of didactic class <i>**enter the abbreviation</i>			
W1	D.W7.	student knows fundamental psychological mechanisms of patients' functioning both in illness and in well-being				oral response, group project, debate				SE			
W2	D.W10.	student explains the role of stress in etiology of illnesses and recognizes mechanisms of coping				oral response				SE			
W3	D.W12.	student describes methods to promote health behaviors in patients and breaking bad news				individual presentation, case study discussion				SE			
W4	D.W4.	student understands the role of verbal and non-verbal signals in the process of doctor-patient communication				Presentation, rehearsal of skills				SE			
W5	D.W15.	student knows the rules of group work				discussion				SE			
U1	D.U1.	in the therapeutic process student takes into consideration patients' needs and subjective expectations resulting from socio-cultural context				group project, discussion				SE			
U2	D.U4	student builds the atmosphere of trust in the whole treatment process				role-plays, practice and rehearsal of skills				SE			
U3	D.U5.	student interviews children, adult patients, and their family members with the use of active listening technique and empathy, as well as discusses patients life situation				presentations, role-plays, practice and rehearsal of skills				SE			
U4	D.U8.	student gives advice on adherence to therapeutic				case study				SE			



		recommendations and healthy lifestyle		
U5	D.U10.	student uses basic psychological interventions to motivate and support their patient	presentation, discussion	SE
U6	D.U6.	Student informs about the goal, process and possible risk of recommended diagnostic and therapeutic procedures	group project	SE

**** L - lecture; SE - seminar; AC – auditorium classes; MC – major classes (non-clinical); CC – clinical classes; LC – laboratory classes; SCM – specialist classes (magister studies); CSC – classes in simulated conditions; FLC – foreign language course; PCP practical classes with patient; PE – physical education (obligatory); VP – vocational practice; SS – self-study, EL – E-learning .**

Please mark on scale 1-5 how the above effects place your classes in the following categories:
communication of knowledge, skills or forming attitudes:
Knowledge: 3
Skills: 4

Student's amount of work (balance of ECTS points):1,5

Student's workload (class participation, activity, preparation, etc.)	Student Workload (h)
1. Contact hours:	30
2. Student's own work (self-study):	15
Total student's workload	45
ECTS points for module/course	1,5
Comments	

Content of classes (please enter topic words of specific classes divided into their didactic form and remember how it is translated to intended educational effects)

Lectures
1.

Seminars
1. Holistic versus biomedical health models.
2. Determinants of human perception.
3. Emotions and activity.
4. Mechanisms of emotions-stress-illness. Psychoneuroimmunology.
5. Coping with stress.
6. Psychosomatic disorders.
7. Illness beliefs.
8. Physician-patient communication: non-verbal communication.
9. Physician-patient communication: active listening techniques .
10. Physician-patient communication: interviewing.
11. Physician-patient communication: formulating medical recommendations. Compliance with therapy.
12. Adherence to treatment - how to motivate the patient?
13. Psychological resources of physician in their work with a patient.
14. Challenges in cooperation between patient and doctor, ways of reacting to non-conventional medical treatment.



15. Assessment.	
Practical classes	
1.	
Other	
1. etc. ...	
Basic literature (list according to importance, no more than 3 items) 1. S. Cole, J. Bird. The medical interview (third edition), Saunders, 2014. 2. K. Janowski. Biopsychosocial aspects of health and disease. Lublin : Centrum Psychoedukacji i Pomocy Psychologicznej, 2009. 3. Emily A.F. Holmes, D. A. Hughes, V. L. Morrison: Predicting adherence to medications using health psychology theories: a systematic review of 20 years of empirical research, <i>Value in Health</i> , 2014, 17(8), 863-876.	
Additional literature and other materials (no more than 3 items) 1. Lisa Feldman Barrett "How emotions are made? The secret life of the brain", Macmillan, New York 2017. 2. F. L. Bishop, L. Yardley, G. T. Lewith: A systematic review of beliefs involved in the use of complementary and alternative medicine. <i>Journal of Health Psychology</i> , 2007, 12, 851-867. 3. J. Oldham, L. Morris. The new personality self-portrait, Bentam Books, New York, 1995.	
Didactic resources requirements (e.g. laboratory, multimedia projector, other...) Multimedia projector, notebook	
Preliminary conditions (minimum requirements to be met by the student before starting the module/course) Completed a summer apprentice.	
Conditions to receive credit for the course (specify the form, criteria and conditions of receiving credit for classes included in the module/course, admission terms to final theoretical or practical examination, its form and requirements to be met by the student to pass it and criteria for specific grades). To pass the course the preparation and the group project (50% of the grade) as well as an active participation during the course and within practical exercises on interpersonal communication is required (50% of the grade). The student will gain the positive mark after the realization of the above mentioned tasks in 50% (credit min). In case of not realizing credit minimum the student is required to pass the final colloquium in oral or written form. All student's absences and seminars cancelled due to Rektor's/Dean's Day must be made up for in a form of essay, presentation or oral account (as indicated by a teacher).	
Grade:	Criteria for course
Very Good (5.0)	Accomplishment of intended education results with inclusion of all crucial aspects [>90%]
Good Plus (4.5)	Accomplishment of intended education results with inclusion of all crucial aspects with minor errors or imprecisions [81-90%]
Good (4.0)	Accomplishment of intended education results with omission of some less important aspects [66-80%]
Satisfactory Plus (3.5)	Accomplishment of intended education results with omission of some



	important aspects or with material imprecisions [51-65%]
Satisfactory (3.0)	Accomplishment of intended education results with omission of some relevant aspects or with substantial imprecisions [50%]
Grade:	Criteria for exam (if applicable)
Very Good (5.0)	
Good Plus (4.5)	
Good (4.0)	
Satisfactory Plus (3.5)	
Satisfactory (3.0)	

Name of unit teaching course:	Department of Humanistic Sciences in Medicine
Address	ul. Mikulicza - Radeckiego 7 50-368 Wrocław
Phone	tel.: 71 784 14 96, 71 784 01 02
E-mail	e-mail: sekretariatzhnl@umed.wroc.pl

Person responsible for course:	dr hab. Jarosław Barański
Phone	tel.: 71 784 14 96
E-mail	jaroslaw.baranski@umed.wroc.pl

<i>List of persons conducting specific classes:</i>	<i>degree/scientific or professional title</i>	<i>Discipline</i>	<i>Performer profession</i>	<i>Form of classes</i>
Anna Dracz	M. A.	Psychology	psychologist	SE

Date of Syllabus development

29.06.2019r

Syllabus developed by

dr Aleksandra Zarek

dr Agnieszka Olchowska-Kotala

Signature of Faculty Dean

Signature of Head of teaching unit

Uniwersytet Medyczny we Wrocławiu
ZAKŁAD HUMANISTYCZNYCH
NAUK LECYARSKICH
Kierownik

dr hab. Jarosław Barański