



### Introduction day

We organize the Introduction Day for all Incoming students at the end of September. You get information by e-mail.

### Registration

Before the academic year starts you are obliged to register and deliver missing documents. Our office is open for students from Monday to Friday (8.00 am – 3.00 pm).

You will find us here:

Dział Współpracy Międzynarodowej  
International Relations Office  
ul. Chałubińskiego 6a  
50-368 Wrocław, Poland  
tel.: +48 71 784 16 85

### Incoming Students

Dominika Lucińska:  
dominika.lucinska@umed.wroc.pl

### Outgoing Students, Academic Staff:

Sława Ksenyecz:  
slawa.ksenyecz@umed.wroc.pl

### Schedule and Academic Year

The 1st day of October starts new academic year 2019/2020.

It is also the first day of classes and lectures. Students have to refer to the coordinators in order to discuss the schedule. Students of medicine and dentistry have to create their own schedule according to the one which is available for the English Division students.

Please make sure you choose the courses which are in your Learning Agreement for studies.

If you want to add/delete a course, you have to refer to the departmental coordinator, who has to accept the change. Students who wish to have Erasmus+ placement have to discuss details of their training before arrival with the responsible coordinator.

### List of the coordinators

**Erasmus+ Institutional Coordinator:**  
Marcin Stańda MD, PhD  
Phone: +48 71 784 13 53  
e-mail: marcin.standa@umed.wroc.pl

**Faculty of Medicine**  
Tomasz Pietraszkiewicz MD, PdD  
Phone: +48 71 784 13 53  
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**Faculty of Dentistry**  
Irena Duś Ilnicka, PhD  
Phone: +48 71 784 01 40  
e-mail: irena.dus-ilnicka@umed.wroc.pl

**Faculty of Pharmacy**  
Marta Kepinska, PhD  
Phone: +48 71 784 01 73  
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**Faculty of Health Sciences**  
Łukasz Rypicz, PhD  
Phone: +48 71 348 42 10  
e-mail: lukasz.rypicz@umed.wroc.pl

**Information about courses available in English:**  
www.ed.umed.wroc.pl

### Credit book

Each course has to be approved by the responsible teacher at the end of semester/year. For this reason you get a credit book. This document (completed by the end of stay) is a basis for us to issue a Transcript of Records/Traineeship Certificate.

### Student's ID

As an Erasmus + student you get a student's card (legitymacja studencka) [www.umed.wroc.pl/erasmus-students-id](http://www.umed.wroc.pl/erasmus-students-id) You need *legitymacja* to borrow books from libraries, to obtain discounts on public transport, cinema, museum tickets etc. It costs 17 zł.

### Healthcare

All incoming students from EU should obtain the European Health Insurance Card for which they apply in their own country. Information about Polish insurance: [www.nfz.gov.pl](http://www.nfz.gov.pl)



### Polish Language Course

Additionally, we offer a Polish language course for beginners which usually starts in October (for the winter semester and it may continue in summer semester). The course is free of charge and you may get ECTS points at the end of the course.

### Cost of Living

LOW BUDGET/monthly		
accommodation	400-600 PLN	100-150 EUR
food	400-450 PLN	100-110 EUR
transport	30-100 PLN	7-25 EUR
other expenses	200-250 PLN	50- 60 EUR
total	1030-1300 PLN	260-345 EUR
AVERAGE BUDGET/monthly		
accommodation	600-1800 PLN	150-450 EUR
food	500-650 PLN	125-165 EUR
transport	100-185 PLN	25- 47 EUR
other expenses	400-450 PLN	100-110 EUR
total	1600-3100 PLN	400-800 EUR
HIGH BUDGET/monthly		
accommodation	2000-2500 PLN	480-600 EUR
food	1000-2000 PLN	600 EUR
transport	> 185 PLN	> 45 EUR
other expenses	> 450 PLN	>120 EUR
total	> 5185-5700 PLN	> 1270-1425 EUR

### Emergency Numbers

112 - SOS NUMBER  
997 - POLICE  
998 - FIRE SERVICE  
999 - AMBULANCE



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[www.umed.wroc.pl/erasmus](http://www.umed.wroc.pl/erasmus)

### Buddies – Voluntary Programme

Each Erasmus+ student can get help from our volunteer students – they are supposed to contact you before your arrival answering your questions and doubts, take you from the airport or show you the way to our office.



**WROCLAW  
MEDICAL UNIVERSITY**



**Erasmus+**

[www.umed.wroc.pl/erasmus](http://www.umed.wroc.pl/erasmus)



## Dear Erasmus+ Student!

*Welcome and thank you for choosing Poland and Wrocław as a place of your Erasmus+ stay. With some practical information and useful tips, this short guide will make you feel more comfortable at our university. It provides helpful advice on how to organize yourself before and short after arrival.*

*Enjoy your stay in Poland!  
Powodzenia/Good luck!  
Erasmus+ Team of Wrocław  
Medical University*

### Wrocław Medical University [www.umed.wroc.pl](http://www.umed.wroc.pl)

Wrocław is the fourth largest Polish city and the capital of Lower Silesia. Some people called Wrocław the city of meetings. It is known also as the city of bridges. With 112 bridges on the Odra river Wrocław is being called "Venice of the East". Wrocław, situated on several islands, is located near country border of Czech Republic and Germany. It is a city of many attractions with beautiful Old Town, in many places you can feel the international character and unique atmosphere. Wrocław is known for many music and theatre festivals (Wratislavia Cantans – International Chamber Music Festival, Przegląd Piosenki Aktorskiej – Song Interpretation Contest, Międzynarodowy Festiwal Filmowy Nowe Horyzonty – International Film Festival New Horizons).

For more information visit: [www.wroclaw.pl](http://www.wroclaw.pl)

### Wrocław Medical University [www.umed.wroc.pl](http://www.umed.wroc.pl)

Wrocław is also a city of rich medical tradition. The first hospital was founded in the 13th century but teaching of medicine started in the 19th century. The Wrocław Medical University consist of 5 faculties. With over 5600 students, is an active centre of medical education in wide range of scientific activities and clinical services. Among famous scientific who worked for the Wrocław Medical University were Jan Mikulicz-Radecki, Ludwik Hirszfeld, Jan Evangelista Purkinje, Carl Wernicke, Paul Erlich, Albert Neisser or Alois Alzheimer.

### Erasmus+ at Wrocław Medical University [www.umed.wroc.pl/erasmus](http://www.umed.wroc.pl/erasmus)

#### ERASMUS+ CODE: PL WROCLAW05

The Wrocław Medical University has participated in the Erasmus+ programme since the academic year 1998/1999. We collaborate with 70 universities from 18 European countries. We accept around 100 international students and send more than 150 our students abroad each year. The language of instruction is mainly Polish however the students who are willing to study medicine or dentistry may join classes at the English Division.

### General Information Application Procedure:

#### FIRST STEP

We need the nomination of the Home University first. Once we receive the list of nominated students, we will contact them and let them know about all necessary documents to be completed.

#### SECOND STEP

Students are asked to complete: on-line application form and to upload:

- scan of Learning Agreement signed by authorized people
- scan of transcript of records

#### The Deadlines for submission of documents:

Winter semester - send documents until 31.05.2019  
Summer semester - send documents until 30.11.2019  
[umed.wroc.pl/erasmus-incoming-students-2019-2020](http://umed.wroc.pl/erasmus-incoming-students-2019-2020)

#### THIRD STEP

The following documents should be uploaded in on-line application at least 2 weeks before arrival:

- scan of id card (or passport)
- scan of European Health Insurance Card or any relevant one

- scan of original confirmation of accident insurance
- scan of original liability insurance (mandatory for traineeships, optional for studies)
- scan of Erasmus+ status certificate (issued by your home university).

#### FOURTH STEP

After arrival -registration in the Erasmus+ office. Please MAKE SURE that upon arrival you have got:

- one paper photo for student credit book.
- proof of payment for student Id see Student's ID [www.umed.wroc.pl/erasmus-students-id](http://www.umed.wroc.pl/erasmus-students-id)
- for safety reasons we suggest you also bring: health certificate (with information about hepatitis B)

#### IMPORTANT

Please do not send the documents by mail, post or by fax. We only accept documents sent in on-line application. Once we receive all necessary scanned documents and our faculties coordinators accept the proposed Learning agreement for studies /traineeships, we will send a copy of signed document back to the student. Students will get the information package at their address.

### Accommodation

Students, who answered YES to question about accommodation in the Application form (Do you wish to stay in the residence? YES  NO ) and point the date of arrival will get a place in the residence.

The University offers Erasmus+ Students rooms at students residence Bliźniak:

The address of the dormitory is:  
Dom studencki Bliźniak  
ul. Wojciecha z Brudzewa 12  
50-367 Wrocław  
tel. +48 71 348 42 32

The prices of rooms are approximately:

- place in a double room 360 zł
- place in a triple room 340 zł

Accommodation at residence can only be confirmed if you inform us about your arrival.

### How to arrive

There are several possibilities how to arrive to Wrocław:

#### By plane

[www.airport.wroclaw.pl](http://www.airport.wroclaw.pl)

Copernicus Airport Wrocław is located southwest of the city, about 10 km from the centre. You can get there by bus or by taxi.

Bus No.106 operates every 20 minutes everyday to/from the Central Railway.  
Night bus No.206 operates twice during the night to/from the Central Railway.

#### By train

The central railway station is situated in the city centre (Józef Piłsudski Street). It has direct connections with all major cities of Poland and several cities of Europe.

The timetable is available at [www.pkp.pl](http://www.pkp.pl),

#### By bus

The central bus station is located underground in Wrocławia mall shopping center at the back of the central railway station. It serves intercity lines as well as local ones. Buses of companies transporting passengers to/from all major European cities stop there as well.

### Public transport in Wrocław

Information how to get from the airport/railway station you may find here:  
[www.wroclaw.jakdojade.pl](http://www.wroclaw.jakdojade.pl)

Timetable of the trams and buses you may find here: [www.wroclaw.pl/rozklady-jazdy](http://www.wroclaw.pl/rozklady-jazdy)

Single-trip, regular lines within and outside city limits 3,40 zł. (regular fare) /1,70 zł (with valid student id)

30-minute, all lines within and outside city limits 3,0 zł. (regular fare)/ 1,50 zł.(with valid student id)

More info with the prices to be found here:  
[www.wroclaw.pl/rodzaje-i-ceny-biletow](http://www.wroclaw.pl/rodzaje-i-ceny-biletow)

Information how to apply for urbancard (Wrocław city card) you may find here:  
[www.urbancard.pl](http://www.urbancard.pl)

